



HMDP Visiting Experts FY24

**OFFICIAL PROGRAMME**Note:

The programme is accurate at the time of publication, and is subject to change at any time without prior notice.

EXPERT NAME

Angela Y. M. Leung

START DATE

21<sup>st</sup> Oct 2024

END DATE

25<sup>th</sup> Oct 2024

SPECIALTY/TITLE OF PROGRAMME

Geriatric Nursing/ Understanding intrinsic capacity and implementation of Integrated Care for Older People (ICOPE) framework in clinical practice

HOSTING INSTITUTION

Woodlands Health

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
21st October 2024 (Monday)	0830-0900	Meet and Greet @ Woodlands Health (WH)				Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>
	0900-0950	<b>Introduction</b> <ul style="list-style-type: none"> <li>Welcome address by Chief Nurse</li> <li>Introduction to Singapore healthcare system, community services in Singapore</li> <li>Introduction to WH and overview of WH geriatric services</li> </ul>	To enable the VE to have a holistic understanding of Singapore's healthcare system and geriatric nursing/services	N	WH SOC/L7, Boardroom (50pax)	
	0950-1000	<b>Tea Break</b>				
	1000-1100	<b>Dialogue/Roundtable Discussion with CNO and WH Nurse Leaders</b> <ul style="list-style-type: none"> <li>Organizational health literacy</li> <li>Concept of ICOPE               <ul style="list-style-type: none"> <li>About ICOPE</li> <li>Strategies to successful implementation of ICOPE framework</li> <li>Challenges to the implementation</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>To leverage on VE's expert knowledge and experience on organizational health literacy and dementia literacy.</li> <li>To leverage on VE's expert knowledge and experience on how leaders can support the</li> </ul>	N	WH SOC/L7, Boardroom (50pax)	

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			implementation of ICOPE framework <ul style="list-style-type: none"> <li>To better understand the ICOPE framework and the difference from the existing framework/s.</li> </ul>			
	1100-1200	Tour around WH		N		
	1200 – 1330	<b>Lunch</b> Social lunch and networking with WH leaders		N	Elements 1 Woodlands Heights	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>
	1330-1430	Travel to SKH				
	1430 - 1545	<b>Dialogue &amp; Round Table Discussion with Nursing leaders and Geriatric Care Team</b> <ul style="list-style-type: none"> <li>Introduction to SKH, SKH Geriatric Services and its current status of Intrinsic Capacity (IC) assessment and related management in the inpatient and community care</li> <li>Introduction to HK's geriatric care services landscape; the insights in supporting older people with declining IC across care settings – assessment through management</li> </ul>	<ul style="list-style-type: none"> <li>To enable VE to have a holistic understanding of Singapore's geriatric nursing/services, as well as the current application of IC in older people across settings</li> <li>For VE to share insights and experience of applying IC in the care of older people and provide recommendations on SKH's overall framework of IC implementation</li> </ul>	N	Motivation Room, Sengkang General Hospital (SKH)	Cai Huimei <a href="mailto:cai.huimei@skh.com.sg">cai.huimei@skh.com.sg</a>
	1545-1600	<b>Tea Break</b>				

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	1600 - 1700	<b>Case discussions with Geriatric care team, Inpatient and Community Nursing leaders and nurses (x2 cases)</b> <ul style="list-style-type: none"> <li>▪ Intrinsic capacity assessment for inpatient older adults</li> <li>▪ Role of community nurses in supporting vulnerable older adults</li> </ul>	For VE to give recommendations on IC application in clinical scenarios	N	Motivation Room, Sengkang General Hospital (SKH)	Cai Huimei <a href="mailto:cai.huimei@skh.com.sg">cai.huimei@skh.com.sg</a>
22 <sup>nd</sup> October 2024 (Tuesday)	0830-0900	Meet and Greet @ WH				
	0900 – 1200	<b>Lecture Implementation of the ICOPE model: Opportunities and Challenges</b> <ul style="list-style-type: none"> <li>▪ Framework</li> <li>▪ Generic care pathway</li> <li>▪ Screening of older persons requiring assistance in community <ul style="list-style-type: none"> <li>○ Intervention</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>▪ Understanding ICOPE framework</li> <li>▪ Generic Care Pathway</li> <li>▪ Community screening using ICOPE framework</li> </ul>	Y (300 pax) – from different organization + different professional group.	WH Auditorium	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>
	1200-1330	<b>Lunch</b>				
	1330-1730	<b>Interactive Forum Assessing intrinsic capacity of community-dwelling older people</b> <ul style="list-style-type: none"> <li>▪ Using ICOPE as an assessment – applicability <i>in the community</i> and the reasoning for the choice of tools in the respective domains</li> <li>▪ Interactive sessions with case scenarios. (Scenarios from community)</li> </ul>	<ul style="list-style-type: none"> <li>▪ Implementation of ICOPE guideline with case studies.</li> <li>▪ To understand a practical approach in evaluating the health and functional needs of older adults in community settings.</li> </ul>	Y (50 pax) – split into 5 groups, inclusive of all professional groups. (*people who signed up for PM session must have attended for AM session)	WH Innovation 2 & 3	
23 <sup>rd</sup> October 2024 (Wednesday)	0830-1200	<b>Interactive Forum Assessing intrinsic capacity of hospitalized older people</b>	<ul style="list-style-type: none"> <li>▪ Implementation of ICOPE guideline with case studies</li> </ul>	Y (50 pax) – split into 5 groups, inclusive of all professional groups. (*people who	WH Innovation 2 & 3	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>

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24 <sup>th</sup> October 2024 (Thursday)		<ul style="list-style-type: none"> <li>Using ICOPE as an assessment – applicability in the <b>Community Hospital</b> and the reasoning for the choice of tools in the respective domains</li> <li>Interactive sessions with case scenarios. (Scenarios from community)</li> </ul>	To gain insights into improving care for older adults in community hospital settings from a practical perspective on implementing a globally recognised framework in a specific healthcare context.	signed up for PM session must have attended for AM session)		
	1200 – 1400	<b>Lunch</b> Travel to NUH				
	1400-1445	<b>Dialogue &amp; Round Table Discussion with NUH (National University Hospital) leaders</b> <ul style="list-style-type: none"> <li>Introduction to key stakeholders</li> <li>Introduction to NUH, overview of NUH geriatric services and geriatric nursing care model</li> <li>Seek input from Prof Angela Leung on NUH geriatric nursing care model</li> </ul>	<ul style="list-style-type: none"> <li>Discussion on NUH geriatric nursing care model and seek Prof Angela Leung's views on the NUH Geriatric Nursing Care model.</li> </ul>	N	Meeting Room 1, Level 4, OCH, National University Hospital (NUH)	Moe Oo Khin <a href="mailto:oo_khin_moe@nuh.s.edu.sg">oo_khin_moe@nuh.s.edu.sg</a>
	1500-1630	<b>Lecture</b> <b>Community-based support strategies for caregivers of people with dementia</b>	<ul style="list-style-type: none"> <li>Understanding strategies for supporting caregivers with dementia</li> </ul>	Y (320pax) – from different organization + different professional group	NUS MD6, Level 3 LT37	Moe Oo Khin <a href="mailto:oo_khin_moe@nuh.s.edu.sg">oo_khin_moe@nuh.s.edu.sg</a>
	1630-1730	<b>Dialogue &amp; Round Table Discussion</b> <ul style="list-style-type: none"> <li>Networking with NUS Nursing Faculty and NUH Nursing Team</li> </ul>	<ul style="list-style-type: none"> <li>Discuss future direction for geriatric nursing research</li> </ul>	N	MD6, Level 5 ALCNS New Office	
24 <sup>th</sup> October 2024 (Thursday)	0900-1030	<b>Lecture</b> <b>Dementia literacy in Western Pacific Region</b>	<ul style="list-style-type: none"> <li>Understand dementia literacy and its impact on</li> </ul>	Y (300pax) – from different organization +	WH, Auditorium + virtual session	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>

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		<ul style="list-style-type: none"> <li>Dementia Literacy</li> <li>Findings in different country</li> <li>Supporting dementia friendly society</li> </ul>	<ul style="list-style-type: none"> <li>delivery care to the older population</li> <li>Understand the strategies in optimizing dementia literacy</li> <li>Understand the importance and need to seek help</li> </ul>	different professional group.		
	1030-1100	<b>Tea break</b>				
	1100-1200	<b>Lecture</b> <b>Gamification in staff development and training by incorporating WHO and local guidelines</b> <ul style="list-style-type: none"> <li>Rationale for gamification</li> <li>Health literacy issues and work competency</li> <li>Strategies for improving work competency among</li> </ul>	<ul style="list-style-type: none"> <li>Understand strategies for developing health literacy and work competency in clinical settings</li> </ul>	Y (300pax) – from different organization + different professional group.	WH, Auditorium + virtual session	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>
	1200 – 1330	<b>Lunch</b>				
	1330-1430	<b>Dialogue &amp; Round Table Discussion</b> WH/SKH/NUH team to share the exiting dementia care framework, challenges, and opportunities	<ul style="list-style-type: none"> <li>To discuss existing dementia care framework, challenges and opportunities and seek input from VE prof Leong on the dementia care model</li> </ul>	Y (50pax) WH/SKH/NUH geriatric nursing, medical, allied health, MSW	WH, Auditorium / iStudio	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>

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	1430-1500	<b>Tea break</b>				
	1500-1700	<b>Dialogue &amp; Round table discussion: dementia care and building dementia friendly community</b> <ul style="list-style-type: none"> <li>Challenges</li> <li>Promoting age friendly society and dementia caring society</li> </ul>	<ul style="list-style-type: none"> <li>Discussion on current challenges and opportunities for dementia friendly community in Singapore</li> <li>Learning experience from HMDP VE in building dementia friendly Singapore</li> <li>Tapping on technology to promote interactions, alleviate stressors of caregivers and improve well-being of older adults</li> </ul>	Y (50pax), WH/SKH/NUH geriatric nursing, medical, allied health, MSW	WH, Auditorium / iStudio-	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>
25 <sup>th</sup> October 2024 (Friday)	0900-1000	<b>Close door debriefing session with CNO, WH/SKH/NUH nursing leaders</b> Evaluating and improving current practices using the ICOPE framework, with targeted recommendations and implementation strategies in WH.	<ul style="list-style-type: none"> <li>Identify and articulate strengths and areas for improvement in the current practices</li> <li>Provide specific recommendations for addressing the identified areas for improvement,</li> </ul>	N	WH Innovation 1 / iStudio	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>
	1000-1100	<b>Close door session:</b> Sharing of WH geriatric nursing care model and seek input from Prof Leung	<ul style="list-style-type: none"> <li>Discussion on WH geriatric nursing care model</li> </ul>	N	WH Empower 2	Charmaine Taye <a href="mailto:Charmaine_taye@wh.com.sg">Charmaine_taye@wh.com.sg</a>

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	1100-1200	<b>Close door session:</b> WH to share and discuss on nursing research in geriatrics - future directions in Geriatric Care	<ul style="list-style-type: none"> <li>Discussion on geriatric nursing research</li> </ul>	N	WH Empower 2	
	1200-1700	Lunch & Report writing		N	WH Empower 2	

\*NTP – National Training Program