



HMDP Visiting Experts FY24

**OFFICIAL PROGRAMME**Note:

The programme is accurate at the time of publication, and is subject to change at any time without prior notice.

EXPERT NAME

Prof Paul H. Lipkin

START DATE

10-February-2025

END DATE

21-February-2025

SPECIALTY/TITLE OF PROGRAMME

Systematic Lifespan Approach to Developmental Screening and Mental Health Disorders in Children

HOSTING INSTITUTION

KKH-Department of Child Development (KKH-DCD)

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
10 Feb 2025 (Monday)	09:00 - 09:45	<b>Meeting with Hospital Senior Management and Department of Child Development (DCD) Level 5 clinic walk about:</b> - Chairman Medical Board (CMB) - Chairman, Division of Medicine (Div Chair) - KKH-DCD Head of Department (HOD) & Head of Services (HOS)	- Introductory meeting with Hospital Senior Management and to share on HMDP Objectives.	No	KKH, CT, Meeting Room A1  (Capacity: 33 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	09:45 - 10:30	Travel				
	10:30 - 11:45	<b>Overview of Department of Child Development (DCD)</b> - KKH-DCD, Head of Department	- To provide an overview about KKH-DCD in meeting the developmental needs of children in Singapore.	No	HPB Level 1 Training Room  <b>Closed Session</b>	
	11:45 - 12:00	<b>Site visit:</b> DCD-HPB clinic walk about	- To give Visiting Expert an opportunity to view on site clinic facilities.			
	12:00 - 13:30	Lunch / Travel				
	13:30 - 15:00	<b>Lecture 1:</b> Overview of Socio- emotional and Mental health development, risk factors and mental health disorders in children with Neurodevelopmental disorders (NDD)	- Improve understanding of factors affecting Socio-emotional and mental wellbeing in children with NDDs to improve the recognition of mental health disorders in this group.	Yes	<b>(Hybrid)</b>  Academia Auditorium  (Capacity: 439 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Lecture 2:</b> Lifespan approach and Evidence based use of Socio- emotional screening tools to assess Socio-emotional disorders in children with NDDs	- Learn a structured framework to surveillance and screening of Socio emotional disorders in children with NDD’s. - Improve knowledge on the various socio emotional screening tools and the evidence to support their use.	Yes		

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
11 Feb 2025 (Tuesday)	09:00 - 10:30	<b>Case discussion 1:</b> Is it ASD or ADHD or both? – Assessment and Management – Open case discussion	<ul style="list-style-type: none"> <li>- Know how to address the challenges in differentiating and managing co-morbid Autism and ADHD.</li> <li>- Understand the differences in management of co-morbid ADHD and Autism in different age groups.</li> </ul>	No	Academia PSL2 Combine  (Capacity: 130 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Forum 1:</b> CPG ASD Guidelines & Ecosystem of ASD Support in KKH-DCD	<ul style="list-style-type: none"> <li>- Understand the Singapore landscape in autism assessment and management.</li> </ul>	No	Academia Auditorium  (Capacity: 439 pax)  <b>Open Session</b>	
	12:30 - 14:00	Lunch				
	14:00 - 15:15	<b>Workshop 1a:</b> Socio emotional screening tools used in Preschool children.	<ul style="list-style-type: none"> <li>- Share the current practice of screening for Socio-emotional and mental health in children with NDDs and our experience of using SDQ and ASQ-SE in screening preschool children.</li> </ul>	No	Academia PSL2 Combine  (Capacity: 130 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:15 - 15:45	Break / Buffer				
	15:45 - 17:00	<b>Workshop 1b:</b> Role of Allied Health Professionals in assessment and intervention of Socio-emotional health of children with NDD's	<ul style="list-style-type: none"> <li>- Understand the role of Allied health professionals in identifying children at risk of Socio-emotional and mental health problems and know the initial steps in supporting caregivers.</li> </ul>	No		

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
12 Feb 2025 (Wednesday)	09:00 - 10:30	<b>Lecture 3:</b> Elopement, Safety Challenges and Mortality in children with NDD's	- Draw attention to the dangers of Elopement as a cause of mortality in children with NDDs and learn strategies and resources on what can be done to keep children safe.	No	Academia White Space  (Capacity: 135 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Lecture 4:</b> ADHD and conditions that mimic ADHD – Approach to evaluation of inattention.	- Know the common conditions that mimic ADHD and learn an approach to evaluation of inattention.	No		
	12:30 - 13:30	Lunch				
	13:30 - 15:00	<b>Case discussion 2:</b> Differential diagnosis (DD) and case studies of children with Autism, ADHD, ID with co morbid mental health conditions	- Learn about the spectrum of Differential Diagnosis from the case discussions.	No	Academia White Space  (Capacity: 135 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Forum 2:</b> Presentation and discussion: KKH-DCD and Community Services for pre-school children with developmental, behavioural and learning disorders	- Learn about current services for children with developmental, behavioural and learning disorders within the preschool landscape of Singapore. - Identify gaps and opportunities for future services.	No	Academia White Space  (Capacity: 135 pax)  <b>Open Session</b>	

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
13 Feb 2025 (Thursday)	09:00 - 10:30	<b>Lecture 5:</b> Strategies and Challenges for Autism Screening in Infancy	- Understand research supporting use of Autism screening tools and explore feasibility of practice improvement on earlier screening at 12 months of age.	No	Academia Auditorium  (Capacity: 439 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Workshop 2:</b> Sharing of Autism screening in KKH-DCD and Community	- Learn the use of M-Chat in the surveillance and screening of community and at-risk children.	No		
	12:30 - 13:30	Lunch				
	13:30 - 15:00	<b>Lecture 6:</b> Suicidal thoughts, Behaviors and Suicide Screening in youth with Autism and NDDs	- Increase knowledge of healthcare staff of the elevated risk of suicide thoughts and behaviours in youth with Autism. - Learn skills in universal suicide risk screening in children with NDDs and reliability of suicide screening tools.	Yes	<b>(Hybrid)</b>  Academia Auditorium  (Capacity: 439 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Workshop 3:</b> Understanding and Managing Suicide in the youth population – Local challenges	- Understand youth mental health and suicide – (from screening, diagnosis, and treatment/ management). - Discuss with Expert on the challenges on managing suicide in the neurodiverse population.	Yes	<b>(Hybrid)</b>  Academia Auditorium (Capacity: 439 pax)  <b>Open Session</b>	

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
14 Feb 2025 (Friday)	09:00 – 10:30	<b>Case Discussion 3:</b> Approach to language-based learning difficulties.	- Be familiar with the profile of children who present with language-based learning difficulties and know how to support them.	No	Academia PSL2 Combine  (Capacity: 130 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Workshop 4:</b> Identifying and supporting children with anxiety difficulties	- Learn about practice framework and interventions for supporting caregivers of children with Anxiety in KKH-DCD. - Identify gaps and opportunities for future services.	No	Academia PSL2 Combine  (Capacity: 130 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	12:30 - 13:30	Lunch				
	13:30 - 15:00	<b>Workshop 5:</b> The Paediatrician's role in transforming school-aged children and adolescents' mental health – Paediatric & Adolescent Wellness Service (PAWS)	- Sharing on PAWS service and discussion on the role of Paediatricians in Child and Adolescent mental health, advantages, and pitfalls, and building and refining the collaborative model of care.	No	Academia L2-S1  (Capacity: 45 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Workshop 6:</b> Let's talk about mental health – supporting children in coping with medical conditions- Department of Psychology Service, KKH	- Understand children's mental health in the context of a medical condition (from diagnosis to treatment) and learn strategies to support children's mental health in coping with medical conditions.	No		

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
17 Feb 2025 (Monday)	09:00 - 10:30	<b>Lecture 7:</b> Promoting optimal development by early identification of NDDs- Developmental surveillance and screening in Primary care	<ul style="list-style-type: none"> <li>- To understand the development of the universal developmental surveillance and screening.</li> <li>- Learn how the combined process of developmental surveillance and screening can help in the early identification of children with NDD's.</li> </ul>	No	Academia PSL2 Combine  (Capacity: 130 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Lecture 8:</b> Evidence informed Milestones for Developmental Surveillance tools / American Academy of Pediatrics' (AAP) new milestone standards	<ul style="list-style-type: none"> <li>- Know how the AAP's revised developmental checklists can support and improve clinical judgement in the developmental surveillance of children.</li> </ul>	No		
	12:30 - 13:30	Lunch				
	13:30 - 15:00	<b>Forum 3:</b> National Child Development Screening (CDS) guidelines and identify current gaps in the National CDS program	<ul style="list-style-type: none"> <li>- Improve knowledge of the MOH guidelines and program of child developmental screening and surveillance in primary care.</li> <li>- Know the challenges and gaps in the current screening program in Primary Health Care in Singapore.</li> </ul>	No	Academia PSL2 Combine  (Capacity 130 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Forum 4:</b> Enhancement of CDS program at Singhealth Polyclinics	<ul style="list-style-type: none"> <li>- Be familiar with the enhanced CDS guidelines implemented at the Singhealth polyclinic.</li> </ul>	No		

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
18 Feb 2025 (Tuesday)	09:00 - 10:30	<b>Lecture 9:</b> Approach and management towards suicidality in children with ADHD and ASD	- Learn a structured approach to management of suicidality in children with ADHD and ASD.	No	IMH Lecture Hall (Capacity: 140 pax) <b>Open Session</b>	Zhang Weishan <a href="mailto:weishan_zhang@imh.com.sg">weishan_zhang@imh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:00	<b>Meeting with IMH -</b> Neurobehavioural clinic (ASD & ADHD teams)	- Meeting of Expert with IMH HOD & team - Sharing of services offered by the Neurobehavioral clinic at the Institute of Mental Health (IMH) and learn expert strategies to address challenges faced on meeting the demand for services.	No	IMH Sunrise conference room (Capacity: 20 pax) <b>Closed Session</b>	Zhang Weishan <a href="mailto:weishan_zhang@imh.com.sg">weishan_zhang@imh.com.sg</a>
	12:00 - 14:00	Lunch / Travel				
	14:00 - 15:00	<b>Forum 5a:</b> Building, Expanding and Enhancing the infrastructure to meet the needs of the ASD children and families.	- Sharing by ECDA and MOE on current system of assessment, support, challenges for children on the Autism spectrum with diverse needs.	No	Academia PSL2 Combine (Capacity: 130 pax) <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Forum 5b:</b> Health and Education – Connecting, Communicating and Collaborating- Understanding the needs of children with NDD's.	- ECDA <sup>#</sup> and ^MOE - PSB & SPED division to share on current demands for school and community services and to explore how can Health and Education collaborate to address the needs of School age children with NDD's (Language, Learning, Behaviour and Mental Health difficulties).	No	Academia PSL2 Combine (Capacity: 130 pax) <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>



DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
19 Feb 2025 (Wednesday)	09:00 - 10:30	<b>Lecture 10:</b> Strategies and Management of children with Attention-deficit hyperactivity disorder (ADHD) and co morbid Autism with or without ID	- Learn practical tips and challenges on medication management of ADHD in children with Autism +/- ID.	No	Academia L2-S1  (Capacity: 45 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:00	<b>Case Discussion 4:</b> Medication management of ADHD	- Discuss pharmacological management of ADHD.	No		
	12:00 - 13:30	Lunch / Travel				
	13:30 - 15:00	<b>Lecture 11:</b> Approach and management towards suicidality in children with ADHD and ASD	- Learn a structured approach to management of suicidality in children with ADHD and ASD.	No	NUH Tower block level 12, Rooms T12-02 & T12-03 Combined  (Capacity: 60 pax)  <b>Open session</b>	
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Meeting with NUH-CDU &amp; Workshop 7:</b> Socio-emotional screening tools – sharing of NUH CDU practice followed by case discussions.	- Meeting with NUH CDU HOD and team - Learning through case-based discussions the utility of different socio-emotional screening tools used in NUH CDU.	No		

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
20 Feb 2025 (Thursday)	09:00 - 10:30	<b>Lecture 12:</b> Large databases for Pediatric Research on children with Autism	- Improve understanding on the use of large databases for pediatric research on children with autism spectrum disorders and learn practical ways of local implementation to improve care pathways.	No	Academia Auditorium  (Capacity: 439 pax)  <b>Open Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Symposium:</b> Getting it right from the start: Talking to parents about their children's neurodevelopmental disorder diagnosis	- Learn tips on how to manage parent consultations involving disability disclosures.	No		
	12:30 - 13:30	Lunch				
	13:30 - 15:00	<b>Case Discussion 5:</b> ADHD in Preschoolers – Challenges in diagnosis	- To learn skills and understand challenges in identifying preschool ADHD through case-based discussion.	No	Academia L1-S4  (Capacity: 55 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	15:00 - 15:30	Break / Buffer				
	15:30 - 17:00	<b>Case Discussion 6:</b> Is it ADHD? Learning Disability? Or both?	- Know how to assess children presenting with co-morbid ADHD and learning disorders.	No		

DATE AND DAY	TIME	ACTIVITIES	Training Objectives	NTP* (YES/NO)	VENUE AND CAPACITY	NAME AND EMAIL OF COORDINATOR
21 Feb 2025 (Friday)	09:00 - 10:30	<b>Discussion:</b> Debrief on take aways, recommendations for future directions.	- Debrief by VE on recommendations - Discussions with KKH- DCD, NUH-CDU and IMH CGC teams on VE's recommendations in Singapore context.	No	Academia L1-S4  (Capacity: 55 pax)  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>
	10:30 - 11:00	Break / Buffer				
	11:00 - 12:30	<b>Discussion:</b> Debrief on take aways, recommendations for future directions.	- Discussions with KKH- DCD, NUH-CDU and IMH CGC teams on VE's recommendations in Singapore context.	No		
	12:30 - 13:30	Lunch				
	13:30 - 17:00	<b>Report Writing:</b> Evaluation and preparation for HMDP VE report writing.	- Report writing by VE on recommendations for Singapore context	No	Academia L1-S4  <b>Closed Session</b>	Jennifer Tan <a href="mailto:dcd.hq.common.email@kkh.com.sg">dcd.hq.common.email@kkh.com.sg</a>

\*NTP - National Training Programme

#ECDA - Early Childhood Development Agency

^MOE-PSB & SPED - Ministry of Education-Psychological Services Branch and Special Education Branch